

# Instructions for Use and care recommendations

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**The appliances (splints) fabricated out of thermoforming materials should be cleaned and maintained as follows.**

## **Cleaning agents:**

Best results are achieved with cleaning trays for dental splints. Soap, curd soap, liquid soap and dish-washers. Do not use any strongly perfumed soaps. Not suited are: tooth-paste (contains abrasive particles), mouth-wash (can cause discolouring) and water that is hotter than 50 °C (deformation).

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## **After use:**

- Well wash with water. Best is to thoroughly clean the inner and exterior side of the splint with a tooth brush and soap.
  - Again well wash with water.
  - Shake off the water or dry with a towel.
  - Never blow-dry - deformation!
  - Very important: Allow the splint to completely dry! Keep at a dry place, at best in a box that has aeration holes.
  - Again wash with water before using it.
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## **Generation of bad smells**

If after some time the splint has adapted a strong smell, additionally put the splint for one hour in a non-perfumed, concentrated soap solution, afterwards thoroughly wash with water. Such a soap sud removes most of the smell generating bacteria.

## **Discolouring**

Soft thermoforming materials have the tendency to discolour. This intake of colour pigments can be reduced or avoided by a careful maintenance but it cannot be reversed. Mouth-washes and amalgam fillings can also cause discolouring.

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## Disinfection

With the exception of Track® B all thermoforming materials can be disinfected with disinfection alcohol and other commercial liquids. Track® B have to be stored for app. 5 hours at a dry place without any pressure on it after having contact with alcohol in order to ensure that the alcohol can evaporate competely. Otherwise a bonding of the hard and soft layers is no longer guaranteed.

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## Sterilisation

A sterilisation with gaz and plasma (< 50 °C) is possible. As a result of the thermolability the materials are not autoclavable.