Welcome to Ibiza

Dear Doctor,

The main focus for FORESTADENT in 2020 is aligner bracket therapy. And this is exactly why we have created the world’s first seminar dedicated to this fascinating subject.

A remarkable new topic also calls for a remarkable location. And where could it be better than Santa Eulalia on the east coast of Ibiza, the epicentre of hippie culture. Ibiza – home to hippies and a vibrant night life culture. Ibiza, the island with two souls that couldn’t be more different yet work well together. Similar to aligner bracket therapy, two treatments that complement each other and can be successfully combined. A combination of the proven and the new.

For two days, experts will present their knowledge and share their experiences with you. Look forward to a unique event in a relaxed atmosphere with lots of opportunities to share experiences.

Yours, Stefan Förster
FORESTADENT Bernhard Förster GmbH
First-class speakers await

From the 25th to the 26th of September 2020, the first Aligner meets Braces Seminar will take place at the Palacio de Congresos de Ibiza in Santa Eulalia (Spain). Look forward to outstanding orthodontic experts and fascinating subjects such as:

• What possibilities does aligner therapy offer and what are its limitations?
• The proven combined with the new – aligners in combination with conventional and lingual bracket systems
• Which other treatment devices and mechanisms can be combined with aligners to achieve results?
• Are digital workflows necessary for aligners and aligner bracket therapy?

The lectures will be held in English and translated simultaneously into several languages.

Aligners to treat malocclusions were introduced only less than two decades ago. During the first decade aligner use was more effective in relieving crowding, closing spaces and correcting minor problems. In recent years, aligners are being used to correct more complicated tooth movements, such as closing extraction spaces, open and deep bites and treating multidisciplinary patients.

For an effective and predictable correction of complex malocclusions a thorough understanding of biomechanics is essential. Although basic principles of biomechanics for braces and aligners are the same, nonetheless application of force system is very different due to non-rigid nature of aligners, non-continuous application of force system, compliance and retention issues.

This presentation will describe how different attachments can facilitate complex tooth movements. Application and biomechanics of temporary anchorage devices for correction of anterior-posterior discrepancies, open and deep bites, extraction space closure will also be discussed exemplified by cases of treated patients.

Role of Biomechanics to Achieve Predictable Results with Braces and Aligners

Dr. Ravi Nanda
For more than 20 years we have been applying lingual orthodontics in our daily patient care. The use of the 2D Bracket allows the clinician to answer the growing demand for invisible treatment and does not require any type of compliance.

In addition to state-of-the-art 3D technology the clinician is able to receive very promising results. The lecture illustrates the use of 2D Lingual, the Königsteiner Hybrid Technik, 3D Set-Up using Onyx Ceph, and explains the entire digital workflow.

Aligners or invisible braces are normally the most popular systems for adults who seek invisible orthodontic treatments. The aim of this presentation is to describe cases when lingual braces might be superior to and achieve quicker results than aligners, and also when aligners can be used together with braces in the same course of treatment.

More and more adults are fascinated by aligning their teeth with aligners, unaware of the fact that some movements might be too difficult or too time-consuming to attain only with aligners. For such reasons, clinicians nowadays can start the treatment with some invisible braces, as for example the 2D lingual brackets, in order to relieve the crowding and correct exceedingly malpositioned teeth. Consequently, the clinician can complete the treatment with aligners, thus reducing their overall number and speeding up the treatment time. Another advantage of using aligners at the end of treatment is eliminating the very challenging finishing stage that is normally required with invisible braces.

Furthermore, an excellent method of combining aligners with invisible braces becomes the treatment of choice when finishing with aligners does not provide the outcome expected by both the patient and the clinician. In such cases it might be better to finish off the treatment with invisible braces to completely meet the patient’s expectations.
Managing combination treatments

Dr Christensen will present his experiences with combination treatments. It is clear that there are advantages and limitations with combination treatment and certainly for patients the combination treatments are an attractive way of reducing the aesthetic challenges that orthodontic appliances often present.

One of the more complex parts of combination treatment is the initial treatment planning. In order to reach satisfactory outcomes, the assessment of the predicted tooth movement is critical. Dr Christensen will describe different workflow options and discuss the pros and cons of the solutions available for in office and external production of appliance combinations.

The clinical input in aligner fabrication is essential for reproducible tooth movement and the presentation will examine some of the solutions using different soft- and hardware options. The presentation will conclude with a detailed review of 3D printing technologies for aligner production.

Hybrid – taking advantage of both systems

Who hasn't experienced this situation with aligner treatment, 20 or more aligners per jaw …, attachments almost on every tooth …, and the patient’s compliance considerably waning after 9 months? Furthermore, quite often a refinement is necessary, which again prolongs the treatment time.

How to reduce the number of aligners and concomitant attachments, thus significantly reducing the duration of treatment? Is hybrid therapy a viable solution?

In a study patients have been initially pre-treated with multiband in order to ascertain the extent this could be realistically implemented, and how relevant the real effect of this idea would be in reducing the number of aligners and attachments.
Over the past years we have been witnessing a rising demand for aesthetics by our orthodontic patients, as a consequence of the growth of orthodontic treatment among adults as well as the attention to aesthetics among teenagers.

On the one hand, this has led to a greater request for treatment, opening up new possibilities and an increase in the number of patients. On the other hand, it has stimulated the birth and development of more aesthetic and “invisible” or „less visible” methods, to meet the aesthetic demands of our patients.

Furthermore, the general acceptance and expansion in the use of temporary anchorage devices (TADs) has deeply revolutionized anchorage management in orthodontics, leading to more simplified and predictable approaches, facilitating clinical management and routinely applicable in everyday orthodontic clinical practice. New protocols and new therapeutic possibilities are nowadays available combining the skeletal anchorage with invisible or less mechanics, bringing new opportunities for a wide range of patients and indications.

According to the expected tooth movements, lingual braces can be more efficient than aligners to reach our treatment goals, and vice versa. Combining the two appliances would allow uniting advantages of each. However, a drawback may be the added expense and effort of dealing with two laboratories.

Fortunately, since 3D technology has become affordable, it is easier to manage the two processes in our offices and make it cost-efficient.

The lecture will illustrate with cases the way I have implemented the solution in my clinic and how I meet the patients’ demand for non-visible treatments.
In spite of the notable improvement that digital transparent orthodontic systems have experienced in the last 10 years, today we still find certain movements such as the rotation of round teeth or movements that require root control, partly resist correction using this technique.

On the other hand, studies show that at lower ranges of programmed movement at each stage, teeth that require complex movements reproduce the programmed sequence better, this implies a greater expense in printing material and plastic.

By virtue of this, the possibility of reducing the number of aligners required in a sequential elastic orthodontic treatment is presented. In order to accomplish this purpose, each step will be programmed at twice the standard mean movement and in combination with Forestadent 2® lingual brackets to aid with movement.

As clinicians, we learned that some tooth movements can be performed more predictably with one than with another appliance. This is today well supported by good research and can be called evidence-based.

Intrusion as well as extrusion of teeth is most effective with brackets and wires, whereas tipping of teeth or alignment of marginal ridges can be done predictably with aligners. Bodily distalization with bone-supported sliders is well evaluated and more effective than attempting it with aligners or other appliances.

In the last few years many clinicians started to combine aligners, brackets, wires, and TADs, depending on their predictability and clinical effectiveness. This lecture explains the scientific back-ground of such ‘hybrid’ appliances/workflows and presents clinical cases. Finally, some errors and failures will be shown to provide an overview of future perspectives.
A new and affordable digital solution is shown that combines 2D lingual brackets and aligners.
Aguas de Ibiza Hotel

This 5-star hotel in Santa Eulalia has been named the most environmentally friendly boutique hotel on the island. Intelligent building automation as well as water and energy-saving systems ensure a fully integrated eco-luxury philosophy. Feng Shui inspired, the rooms are beautifully designed and full of light and comfort, the ideal oasis for restoring balance to body and mind.

And we have chosen this beautiful hotel, which is located directly by the sea and opposite the congress centre, for our lunch breaks during the seminar. The perfect place for a short time out and to enjoy culinary delights.

Should you wish to book your stay at the Aguas de Ibiza Hotel, we are more than happy to assist you with special rates as part of our allocated room quota.*

Simply book your stay via the following website https://aguasdeibiza.com and receive a 15 % discount** on your booking from the 24th – 27th September 2020 using the promo code FORESTADENT.

* depending on availability  ** valid until 24.06.2020

Sunset Party*

at the restaurant Amante Ibiza (Cala Llonga)

Set high on a cliff and surrounded by rocks and lush greenery, the restaurant Amante Ibiza looks out over the breathtaking Sol D’en Serra Bay. This place is an idyllic retreat and offers the perfect environment for the first ever FORESTADENT Sunset Party!

So make sure you don’t miss the first ever FORESTADENT Sunset Party on Friday evening! Sit back and enjoy watching the famous Ibiza sunset.

We guarantee an unforgettable event in a stunning location with cocktails, good music and Spanish food as well as magical moments that you will remember for years to come.

In true Ibizan style, we would love you to come dressed in white/light colours (at least 50%). This is of course optional.

* Included in your booked package.
Full-time registration fee for participants includes:

- The conference fee for the Aligner meets Braces Seminar
- The Sunset Party on Friday evening includes shuttle service from St. Eulalia
- Lunch and coffee breaks during the seminar

Registration fee coverage

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<th>ALIGNER MEETS BRACES SEMINAR 25 – 26 September 2020</th>
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<tr>
<td></td>
<td>Early bird*</td>
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<tr>
<td>Regular fee</td>
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<td>Students / assistants (with proof status)</td>
<td>€ 679</td>
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<tr>
<td>Accompanying person**</td>
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All prices incl. VAT and exclusive accommodation costs.

* Early bird discount: registration and payment by 14th June 2020.
** The fee for accompanying persons includes the Sunset Party on Friday evening.

Registration

You can send us your registration for the 1st ALIGNER MEETS BRACES SEMINAR by e-mail, fax, on our website (www.forestadent.com) or you can also just call us. After registration you will receive an invoice with all incurring fees. Please note: The registration is only binding after the receipt of your payment. The payment must be made before the event. A payment during the symposium is not possible.

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Registration form

Please send via mail to: ibiza@forestadent.com, or via fax to: +49 7231 459-102 or register on our Website: www.forestadent.com.

Participant’s details
Title
Mr.  Ms.  Prof.  Dr.
Name First name

Company / dept.
Street
Zip / town Country
Phone Fax
E-mail

I am bindingly registering for the seminar on 25th - 26th of September 2020.
I am student/assistant (please attach a certification).
I will be accompanied by person(s) (NOT attending the scientific program).

Payment
• Visa • Mastercard
• American Express • Bank transfer
(Please send us a copy of the transfer receipt along with full name of guest. Please state your confirmation number.)

Cancellations
All cancellations have to be in writing and have to be addressed to FORESTADENT.
Registration cancellation conditions / refund of registration fees will be as follows:
• Cancellation received until May 10, 2020: full refund, less an administration fee of 10 %.
• Cancellation received between May 11, 2020 to August 1, 2020: 50% refund.
• After August 1, 2020: no refund possible.
• If a delegate fails to attend, the entire registration fee has to be paid. Please note that it lies within the participant’s responsibility to apply for a Visa in time.
• No refunds can be made for any services not used.

Liability
Neither FORESTADENT nor its partners shall be liable for any occurring illnesses, accidents or theft relating to the participants or their accompanying persons, both during or after the seminar or the stay in Ibiza.

Dietary requirements
• gluten free • halal • vegetarian
• vegan • lactose free
• other

Payment
• via bank transfer
Account holder: Bernhard Förster GmbH Deutsche Bank AG, branch Pforzheim IBAN: DE83 6667 0006 0017 1058 00 BIC: DEUTDESM666

• via credit card
VISA  MasterCard  AMEX
Card No.
Name of card holder
CCV  Exp. Date  /

Date Signature
With my signature I confirm that I agree that pictures taken during the event may be used and published for marketing purposes. (If you don’t wish to have your pictures published, please send an e-mail.)