

PREVIEW

The

*Two souls*

of aligners

EVENT PRESENTED BY FORESTADENT  
29<sup>TH</sup> SEPTEMBER - 1<sup>ST</sup> OCTOBER 2022, IBIZA

A photograph of a champagne bottle and two glasses on a sandy beach at sunset. The bottle is in the center, with two glasses on either side. The background shows the ocean and a cloudy sky. The text 'Welcome to Ibiza' is overlaid in a white, elegant script font, with 'Welcome' in a larger, more decorative font and 'to Ibiza' in a smaller, simpler font. The text is enclosed in a thin white rectangular border.

Welcome  
to Ibiza

Dear  
friends and partners

With this preview we want to give you a deeper insight into the selection of our speakers and the topics they will talk about.

Our Ibiza event is intended to be a platform for professional, collegial and friendly exchange. We are therefore very pleased that we are able to present a cross-section of international speakers with many different therapy and treatment approaches for our event.

Which new approaches are there, which topics are currently being developed and should still be discussed? We want to offer a discourse on proven strategies for successful results in tension with new approaches; all this always for successful treatment outcomes and satisfied patients. We do not want to limit ourselves in our approach – only an

open and creative discussion will bring the desired results.

Let us be guided by the „free“-thinking approach of our host island – we have planned enough opportunities for this – the get-together and the dinner party leave plenty of room for any kind of experimental ideas.

Be our guest for these inspiring days – we look forward to seeing you.

Two handwritten signatures in blue ink. The first signature is 'Stefan Förster' and the second is 'Jochen Escalante'. Both are written in a cursive, flowing style.

Stefan Förster and Jochen Escalante

# Top speakers

await you

From 29<sup>th</sup> September to 1<sup>st</sup> October 2022, the "The Two Souls of Aligners" event will take place at the Palacio de Congresos de Ibiza in Santa Eulalia. Leading orthodontic experts will present state-of-the-art treatment concepts and pioneering topics such as:

What possibilities does aligner therapy offer?  
What are the limits?

Integration and adaptation of familiar appliances and mechanics in aligner treatment.

Digital workflows – are they necessary for aligners and aligner bracket therapies?

The lectures will be held in English and simultaneously translated into translated into Polish and Spanish – other languages will follow.

# Pre-Congress



Dr. Vittorio  
**Cacciafesta**

## Additional course

29<sup>th</sup> September 2022

9 a.m. – 5 p.m.

## Lingual technology as an alternative and in contrast to mainstream aligners

- Lingual Orthodontics vs. Aligners
- The 2D Lingual System
- Classical Mechanics: Aligners vs. Lingual braces
- Phase 0 – Direct vs. Indirect Bond Up
- Phase 1 – Alignment and Levelling: when Lingual braces can speed up our treatment
- Phase 2 – Simple cases
- Phase 3 – Finishing Aligner Cases
- Finishing Tips
- Phase 4 – When the 2D Lingual braces can help Aligners
- Phase 5 – Braces vs. Aligners
- Conclusions

# Our speakers



Prof. Dr. Ravi  
**Nanda**  
(Moderator)

## Principles to Improve Treatment Outcomes with Aligner Therapy: Biomechanics, Materials, and Attachments

This presentation will discuss various aspects of aligner therapy to improve treatment outcomes. Biomechanics to achieve predictable results will be presented in relation to treatment of various malocclusions. Recent research will be discussed related to aligner materials, duration of treatment, and aligner treatment with surgical orthodontics.

## Digitally guided miniscrew placement, advantages in aligner therapy

Many movements with aligners would be more predictable if we used mini screws. This could be the solution for many movements that we know are difficult with aligners. The placement of mini screws in a comfortable, safe and stress-free way will also be the main objectives of this lecture. You will see the planning and digital placement of intra and extra radicular micro screws.



Dr. Patrick  
**Borbely**

# Our speakers

## FAS – Face Aligner System

FAS is a new Aligner system that was created in order to incorporate function in the world of Aligners. Until FAS appeared all aligner systems were concerned solely with aligning teeth and not taking into account the importance of condylar position. As Okeson rightly says: „Treatment goals directed toward establishing orthopedic stability in the masticatory structures should be a routine part of all orthodontic therapy, these goals are important for maintaining a healthy masticatory system for a lifetime“. This is what FAS is all about, goals and long-term stability and longevity. In our talk we will explain how we obtain these goals with our OcclusalDesign and how FAS obtains both Function and Esthetics.

## Fear of missing out? – What are the advantages and disadvantages of in-house aligners?

Digitalisation is advancing faster and faster and I sometimes get scared of losing touch. But which products really make everyday practice easier? We share our experience from 5 years of trial and error with in-house aligners. Find out what the advantages and disadvantages are and why the technology has not yet been able to establish itself in our practice.



Dr. Alberto  
**Canábez**  
(FAS)

Dr. Domingo  
**Martín**  
(FAS)



Dr. Philipp  
**Gebhardt**

# Our speakers



Dr. Simon  
**Graf**

## Direct printed aligner: a new area in aligner treatment

Simon Graf, well known for introducing 3d metal printing in orthodontics, will show in his lecture the possibilities of direct printed aligner. As printable materials are evolving, finally a first solution to print aligners directly appeared. He will talk about the different setup between classic cast-printing and vacuum forming of aligner, and the change of mindset to direct printed aligners. Instead of printing the cast, the aligner is printed directly, offering almost unlimited new possibilities. From aligner-fit, force delivery depending on different aligner-thickness to various add-ons on the aligner, Simon Graf will try to give an overview of its possibilities. An interesting material property, shape memory, an effect all orthodontists know from using NiTi-wires, will be covered as well.



Dr. Andreea  
**Jianu**

## Improving periodontal health with the help of orthodontics

There is a saying that a single instrument will never sound better than the entire orchestra, so that's why the dental team synergy is needed in order to reach maximum potential. Many adult patients who come to our offices need the approach of an "orchestra". The lecture will reveal the improvement of periodontal health with the help of orthodontics.

# Our speakers

## Skeletal anchorage and Hybrid treatments for new protocols and new clinical opportunities

Over the past years we have been witnessing more and more demand for aesthetics by our orthodontic patients, as a consequence of the increasing of orthodontics among adults as well as the attention to aesthetics among teenagers. On the one hand, this has led to a greater request for treatment, opening up new possibilities and an increase in the number of patients. On the other hand, it has stimulated the birth and development of increasingly aesthetic and „invisible“ or „poorly visible“ methods, to meet the aesthetic demands of our patients. However, nowadays it is a scientific evidence and common clinical experience that there are limits in dealing with complex orthodontic movements with aligners. Aim of the lecture will be to describe clinical workflows to combine aligners and skeletal anchorage in different clinical scenarios: from the rationale, to the choice of devices and timing of application.

## The OcclusalDesign behind the scenes

- OcclusalDesign digital workflow
- CBCT scans integration with the OcclusalDesign virtual articulator
- Virtual planning protocols to get the best of your OcclusalDesigns



Dr. Giorgio  
**Iodice**



Dr. Maria  
**Magallón**

# Our speakers



Dr. Guillaume  
**Lecocq**

## **Collaborative CAD CAM procedure: digital technology for the benefit of the practitioner**

Since 3D technology is available and affordable in our office, it opens up new possibilities to combine the appliances: lingual, labial and aligners. It requires an update of our knowledge to select the best combination according to the tooth movements and treatment goals.

I will share these new perspectives by illustrating with cases and explaining my office and laboratory organization.

## **Direct Aligner - New Horizons in Aligner Treatment**

With the increasing demand from patients for aesthetic and comfortable orthodontic appliances, clear aligner treatment has become considerable part of clinical practice and its range of application has been expanded. This lecture will introduce Direct Aligner. Direct Aligner is directly 3D printed clear aligner with unique and novel characteristics. The purpose of this lecture is to illustrate the unique and novel characteristics of Direct Aligner and how these applications will enable new horizons in clear aligner treatment. Furthermore, future research directions in order to broaden the scope of clear aligner treatment taking full advantage of uniqueness and novelty of the Direct Aligner will be suggested.



Dr. Soo-Jin  
**Kim**

# Our speakers

## **When Braces meet Aligners**

After extensive experience in the use of the main aligner systems, I have come to realise that there are certain movements that are less predictable and require a large number of aligners, prolonging treatments over time and requiring a large number of refinements. Hence the idea of merging two different but complementary digital worlds: aesthetic digital orthodontics and plastic orthodontics. The Accusmile digital portal provides access to different complementary services with a single scan and at the same provider, allowing us to convert a complex case of aligners into a simple one, after a short preparatory phase, through traditional aesthetic orthodontics.

## **Aligner treatment planning in Stable Condylar Position (CR) - from Invisalign, through own aligners and up to FAS**

The aim of the lecture is to briefly describe my own history, experiences, problems, positives and negatives with aligner treatment planning in Stable Condylar Position (CR). Starting from Invisalign, what caused the decision to stop using Invisalign and switch to Orthero and own aligner system (Silesia Aligners). Finally, describing the reason why FAS appears to be the most predictable aligner system taking into account orthopedic stability.



Dr. José María  
**Ponce de León**



Dr. Kamil  
**Stefanski**

# Palacio de Congresos de Ibiza



The Ibiza Conference Center is only a few meters away from the city center of Santa Eulalia del Río, just 25 kilometers from Ibiza Airport. Officially opened in 2008, it is a modern building that places the island at the forefront of conference tourism.

It is set in a large area of pine forest only 40 meters from the seashore. Its spectacular location and state-of-the-art facilities make it a unique place for holding conferences, conventions and all kinds of events.

## Registration

You are welcome to send us your registration for "The Two Souls of Aligners" event by e-mail. Or you can register directly on our website ([www.forestadent.com](http://www.forestadent.com)). Once you have registered, you will be sent an invoice with all the fees due. Please note that your registration is not confirmed until FORESTADENT Bernhard Förster GmbH has received your payment.

The payment must be made before the event begins.  
Payment at the event is not possible.

Contact:  
Ms Karin Gentz

FORESTADENT  
Bernhard Förster GmbH  
Westliche Karl-Friedrich-Strasse 151  
75172 Pforzheim (Germany)  
Tel.: +49 (0) 7231 459 132  
Fax.: +49 (0) 7231 459 102  
[ibiza@forestadent.com](mailto:ibiza@forestadent.com)

# Prices and services

The fees for the participants include:

- The event price for the "The Two Souls of Aligners" event
- The get-together on Thursday evening and the dinner party on Friday evening, including shuttle service
- Lunch and coffee breaks when attending the event program.

	The "The Two Souls of Aligners" event 30 <sup>th</sup> September–1 <sup>st</sup> October 2022		The "The Two Souls of Aligners" event and additional course 29 <sup>th</sup> September–1 <sup>st</sup> October 2022	
	Early bird price <sup>1</sup>	Standard price	Early bird price <sup>1</sup>	Standard price
Participant	€769.00	€849.00	€959.00	€1059.00
Post-graduates <sup>2</sup>	€695.00	€769.00	€865.00	€959.00
Accompanying person <sup>3</sup>	Early bird price <sup>1</sup> €329.00		Standard price €359.00	

All prices are per person and include statutory VAT but do not include accommodation costs.

<sup>1</sup> Early bird discount: Registration and payment by 29<sup>th</sup> May 2022. <sup>2</sup> Only valid with credentials.

<sup>3</sup> The prices for accompanying person include the get-together on Thursday evening and the dinner party on Friday evening including shuttle service.

# Registration guidelines

## Payment methods

We are happy to receive your payment via:

Visa • Mastercard • American Express • Bank transfer

*(Please send us a copy of the bank transfer receipt with the full name of the participant and their accompanying person(s) and their booking number as stated on the invoice.)*

## Cancellations

All cancellations must be made in writing and be sent to us.

The following cancellation terms for the registration apply:

- Cancellation up to 29<sup>th</sup> May 2022: Full refund, minus a 10% administration fee.
- Cancellation between 30<sup>th</sup> May and 27<sup>th</sup> August 2022: 50% refund.
  - After 28<sup>th</sup> August 2022 or no-show: No refund possible.
- Please note that it is the responsibility of the participant or their accompanying person(s) to obtain a visa in good time.
- No refunds can be provided for any services which are not used.



See you  
in Ibiza 2022

FORESTADENT

Bernhard Förster GmbH

Westliche Karl-Friedrich-Str. 151  
75172 Pforzheim (Germany)

Tel.: +49 7231 459-0

Fax.: +49 7231 459-102

E-Mail: [ibiza@forestadent.com](mailto:ibiza@forestadent.com)

[www.forestadent.com](http://www.forestadent.com)